

# True or False Quiz on cycling rules and manner

Please check the correct question.

Q 1

In principle, cyclists must proceed down the left side of a roadway. However, if sidewalk cycling is permitted by a road sign (See the figure on right.) or cycling on the roadway is considered to be dangerous, they may use the sidewalk.

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Q 2

When riding a bicycle, cyclists must cycle on the far-left side at a slower speed so that they can stop immediately.

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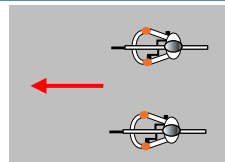
Q 3

When cycling on a roadway, cyclists must obey a traffic light for vehicles, in the case of cycling on a sidewalk, they must obey a traffic light for pedestrians.

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Q 4

Cyclists must not ride side by side on a narrow road. However, they are allowed to do it on a wide road.

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Q 5

Cyclists must not hold a smartphone, make phone calls or stare at the screen while cycling.

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Q 6

When riding a bicycle, cyclists must stop at a stop sign (See the figures on right.) and look both ways for oncoming traffic before proceeding.

☐

Q 7

Cyclists must turn on the headlight when cycling at night. However, even at night, they do not need to turn on the light where it is bright thanks to streetlights or store lighting.

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Q 8

If riding a bicycle in Ishikawa, cyclists must get bicycle insurance.

☐

Q 9

In case of an accident involving a pedestrian or a car while cycling, but with no serious injuries to either party, you do not have to call the police.

In this case, you only have to exchange contact information with the other parties.

☐

Q 10

Japan will introduce new bicycle traffic regulations from April 2026. Under the new regulations, police officers will give traffic tickets called blue tickets to cyclists who commit minor traffic violations. The cyclists must pay a fine for violations.

☐

# Questions and explanations

Q 1

In principle, cyclists must proceed down the left side of a roadway.  
However, if sidewalk cycling is permitted by a road sign (See the figure on right.) or cycling on the roadway is considered to be dangerous, they may use the sidewalk.



True

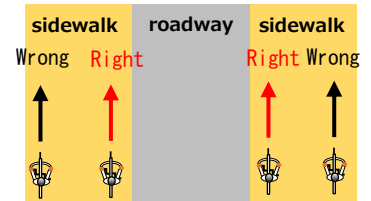
In principle, cyclists must proceed down the left side of a roadway.  
In Japan, bicycles travel on the left side.

However, cyclists may use a sidewalk in the following cases :

- In the case where sidewalk cycling is permitted by a road sign.
- In the case where cyclists are children under 13 years old or senior citizens 70 years and older.
- In the case where cyclists cannot ride on the left side of the road due to road construction or other reasons.
- In the case where cycling on the roadway is considered to be dangerous because the road is narrow or the traffic is very heavy.

Q 2

When riding a bicycle, cyclists must cycle on the far-left side at a slower speed so that they can stop immediately.



False

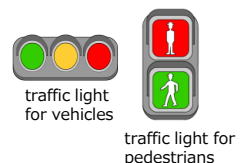
When riding a bicycle on a sidewalk, cyclists must cycle as close to the roadway as possible. If the sidewalk has a designated bicycle path, cyclists use it. (See the picture on right.)

Cyclists must cycle on the sidewalk at a slower speed so that they can stop immediately.



Q 3

When cycling on a roadway, cyclists must obey a traffic light for vehicles, in the case of cycling on a sidewalk, they must obey a traffic light for pedestrians.



True

When cycling on a roadway, cyclists must obey a traffic light for vehicles, in the case of cycling on a sidewalk, they must obey a traffic light for pedestrians.

However, at the traffic signal with a sign plate “CYCLISTS AND PEDESTRIANS ONLY”, they must obey the traffic light for pedestrians even if cycling on the roadway.

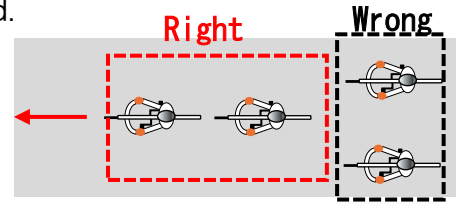


CYCLISTS AND PEDESTRIANS ONLY

# Questions and explanations

Q 4

Cyclists must not ride side by side on a narrow road.  
However, they are allowed to do it on a wide road.

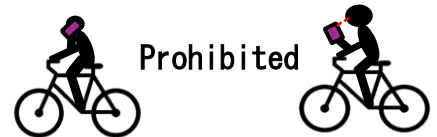


False

Cyclists must not ride side by side. They must cycle in a single line.  
Cycling side by side may cause a traffic accident involving cars and pedestrians. In addition, cycling side by side will narrow the road and pose a danger to other road users.

Q 5

Cyclists must not hold a smartphone, make phone calls or stare at the screen while cycling.



True

Cyclists must not hold a smartphone, or stare at the screen while cycling.  
Moreover, cyclists must not operate the smartphone or stare at the screen even if it is mounted on the handlebar.

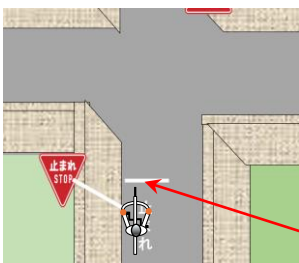
Q 6

When riding a bicycle, cyclists must stop at a stop sign (See the figures on right.) and look both ways for oncoming traffic before proceeding.



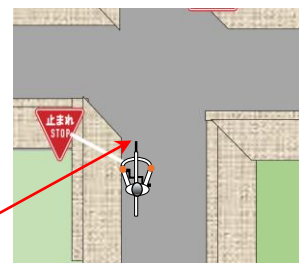
True

These road signs (See the figures on right.) mean that vehicles including bicycles must stop at these signs to ensure their safety before proceeding.  
Cyclists must stop in front of the stop line if it is indicated by a road marking. If a stop line is not indicated, cyclists must stop in front of the intersection.



The stopping position is just before the stop line.

Stop  
Position



If there is no stopline, stop just before the intersection.

# Questions and explanations

Q 7

Cyclists must turn on the headlight when cycling at night.

However, even at night, they do not need to turn on the light where it is bright thanks to streetlights or store lighting.



False

Cyclists must turn on the headlight when cycling at night even if it is bright there. Headlight will make cyclists visible to other road users in the darkness.

Cyclists should turn on the lights in daytime if visibility is poor due to bad weather conditions.

Q 8

If riding a bicycle in Ishikawa, cyclists must get bicycle insurance.



True

If riding a bicycle in Ishikawa, cyclists must get bicycle insurance.

There are various kinds of bicycle insurance available to owners.

Some universities and companies offer bicycle insurance to their students or employees.

Also, some car insurance and fire insurance companies offer an optional coverage that enables cyclists to compensate for damages or injuries caused to others while cycling.

Please check your insurance policy.

問 9

In case of an accident involving a pedestrian or a car while cycling,

but with no serious injuries to either party, you do not have to call the police.

In this case, you only have to exchange contact information with the other parties.



False

In the event of an accident, you must call the police. (Dial 110)

If someone is injured in the accident, you have to call an ambulance. (Dial 119)

Please wait for police officers and paramedics in a safe place such as a sidewalk after calling the police and ambulance.

問10

Japan will introduce new bicycle traffic regulations from April 2026.

Under the new regulations, police officers will give traffic tickets called blue tickets to cyclists who commit minor traffic violations.

The cyclists must pay a fine for violations.



True

Under the revised Road Traffic Act, when cyclists commit minor traffic violations and get blue tickets, they can settle the case by paying a fine without undergoing criminal court procedures.

A 12,000 yen fine will be imposed on using smartphones while cycling.

A 5,000 yen fine will be imposed for not stopping at a stop sign and cycling with lights off.

A 3,000 yen fine will be imposed on cycling side by side.

For serious traffic violations such as drunk cycling, cyclists may undergo criminal court procedures and get punished with a fine.